



tel 01977 683164  
fax 01977 689399

email [info@yorkshiretraining.co.uk](mailto:info@yorkshiretraining.co.uk)

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### COURSE DETAILS

If you require further information or would like to book call our team on 01977 683164 or email: [info@yorkshiretraining.co.uk](mailto:info@yorkshiretraining.co.uk)

### Contact Us Mail and email address

Yorkshire Training Services  
Moor Lane Trading Estate  
Sherburn-in-Elmet  
Leeds  
LS25 6ES

email: [info@yorkshiretraining.co.uk](mailto:info@yorkshiretraining.co.uk)

## 201204 - Work At Heights Awareness Course details...

### Course Length:

Half Day

### Entry Requirements:

No entry requirements

### Purpose of course:

Falls from heights are the biggest single cause of major injury. The Work at Height Regulations 2005 defines working at heights as work in any place in which a person could be injured if they fell from that place.

### Objectives of the Course:

This course is designed around the Work at Height Regulations 2005. It is designed to give delegates an understanding of the regulations and what these mean for employees as well as the employer.

### Who Should Attend:

The course is aimed at all persons who carry out work in areas classed as height.

### Course Content:

- Legislation standard and guidelines
- Work at height categorisation
- Height and risk assessments
- Personal protective equipment
- Fall protection equipment and systems
- Roof work hazards
- Safe systems of work method statements
- Practical considerations
- Delegates assessment of understanding

### Materials:

All delegates will receive course handouts and a certificate of achievement.

